



**Skills Centre**  
(For all your Employment & Learning requirements)



# Who says I can't? Just watch me!

A supportive and fun way to look at our world and give us the opportunity and the drive to 'be', 'do' and / or 'have' something different!

If you feel stuck at the traffic lights of life and would like more confidence in your own abilities, come along and join in!

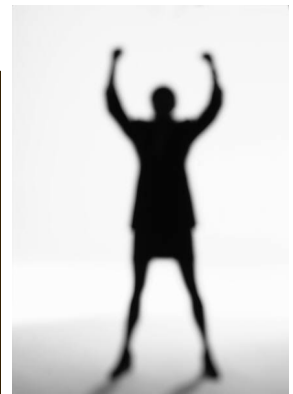
- ◆ A confidence-building course to help you in your work and career
- ◆ Consider: Who are you? What are you great at? What's holding you back and why?
- ◆ Identify personal goals - large or small - and find ways to achieve them

At The Penwith Centre, Parade Street, Penzance TR18 4BU  
over four and a half days  
Monday 7th, Thursday 10th, Monday 14 & Friday 18th November  
from 9.30—4.30pm and  
Wednesday 23rd November 9.30 to 1 pm



**If you are interested, please contact:**

**The Skills Centre**  
**01736 332772**  
**skills@pcdt.org.uk**  
**www.pcdt.org**





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